

# **CITY OF RINCON RECREATION DEPARTMENT YOUTH SOCCER PROGRAM 2003**

As a GRPA member, we strive to give children the very best in youth sports. That is why we strongly uphold good positive attitudes from players, coaches, and parents. Our youth soccer program is aimed to instruct and to teach the children the basic skills of soccer. Our rules are aimed to make the game better for the children and not to be so strict that they don't have any fun.

**U6- Under 6 Age Group:** Ages 4 and 5- Boys and Girls Together  
Game Play shall be 4 v. 4 with no goalie used.

**U8- Under 8 Age Group:** Ages 6 and 7- Boys and Girls Together  
Game Play shall be 4 v. 4 with no goalie used. If coaches agree, they may put in a goalie.

## **Rule I- THE FIELD**

### **A. DIMENSIONS**

**(U6)** The field of play shall be rectangular, its length being not more than 40 yards and its width not more than 30 yards. The length in all cases shall exceed the width.

**(U8)** The field of play shall be rectangular, its length being not more than 50 yards and its width not more than 30 yards. The length in all cases shall exceed the width.

### **B. MARKING**

1. Distinctive lines necessary, sidelines, and endlines.
2. Halfway line can be marked out across the field or otherwise indicated.
3. Four corners of soccer field denoted with flags.
4. Sidelines also marked with cones .

### **C. GOALS**

We will utilize the same goals for U6 and U8. We will use a goal that is 12 feet wide and 6 1/2 feet high.

## **RULE II- THE BALL**

Both U6 and U8 shall use the same ball which is Size 3.

## **RULE III- NUMBER OF PLAYERS**

**A.** Both U6 and U8 shall have no more than four players on the field from each team at any given time.

**B.** Substitutions can be made:

1. On a goal
2. During injury
3. When ball is kicked out of bounds

Substitutes should report in game at midfield.

**C.** All players must play at least 1/2 of the game.

**D.** Mandatory substitution every 4 minutes for players sitting on bench.

**RULE IV- PLAYER'S EQUIPMENT**

**A.** Tennis shoes, soccer or baseball/softball cleats

**B.** Shinguards are MANDATORY in order for a child to enter the game.

**RULE V- FREE KICKS**

All free kicks must be touched by another offensive player before going into the goal. All defensive players must be at least 3 yards away.

**RULE VI- PENALTY KICKS-No Penalty Kicks.**

**RULE VII- THROW IN**

Player gets a second chance to throw in the ball if not done correctly the first time.

Feet must remain in contact with the ground.

**RULE VIII- GOAL KICK**

Goal kick must be taken within 3 yards of goal line. Opponents must be at least 3 yards away from the ball.

**RULE IX- CORNER KICKS**

All defensive players must be at least 3 yards away from the ball.

**RULE X- DURATION OF GAME**

**U6:** The game shall be divided into four 8 minute quarters. There shall be a 2 minute break in between quarters 1/2 and 3/4 and a 5 minute half-time break.

**U8:** The game shall be divided into four 10 minute quarters. There shall be a 2 minute break in between quarters 1/2 and 3/4 and a 5 minute half-time break.

**RULE XI- START OF GAME**

Home team is team that wins the coin toss. All defensive players must be 3 yards from the center mark while kick off is in progress.

**RULE XII- THE SCORE**

No score will be kept for U6 or U8. This is an instructional program to teach the basic skills of soccer and to let the kids have a good time.

**RULE XIII- SPORTSMANSHIP**

Good sportsmanship should be shown by both teams. Parents, coaches, and spectators should encourage all players and not use any negative comments.

Also, coaches/parents and players should shake hands after the game.